

100872

100872

30

2016

[1]

2017—2025

[2]

85%

70%

2016

[1]

2017

[2]

2017—2025

2017 12

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2015

[1]

Health Lifestyle

LCA

1.

Preventive Health Behavior

[2]

[3]

[4]

Problem Behavior Theory

[5]

[6]

[1]

2015

2016

[2]D. M. Harris , S. Guten, Health Protective Behavior: An Exploratory Study , *Journal of Health and Social Behavior*, 1979, 20 pp.17–29.

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[1]

2

[2]

[3]

CGSS

[4]

CHNS

[5]

[6]

[7]

[1]

2017 6

[2]William C. Cockerham, Health Lifestyle Theory and the Convergence of Agency and Structure , Journal of Health and Social Behavior, 46(1), 2005 pp.51–67.

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[4]

2012 2

[5]

2013

3

[6]

CFPS2010

2016 2

[7]S. Kim, M. Symons, B.M. Popkin, Contrasting socioeconomic profiles related to healthier lifestyles in China and the United States , *American Journal of Epidemiology*, 159(2), 2004 pp.184–191.

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<sup>[1]</sup> Stringhini, et al., 2010

1.

2

2011

CGSS2011

LCA

logistics

1

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2015

3	15	28.1%	52.9%
72.4%	2012	18	3
9.3%		18.7% <sup>[1]</sup>	

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[1]

[2]

[3]

1.

2011

CGSS

31

KISH

1 18

5620<sup>[4]</sup>

Stata15.1

2

								1.	2.	
3.	1~5	4.	6~10	5.	11~20	6.	21~40	7.	1.	2.
40	8.								1.	2.
3.	4.	5.	6.		20				1.	2.
1.	2.	3.	4.	5.	6.	5.	6.	6.	1.	2.

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[1]C. Graham, Happiness and health: lessons — and questions — for public policy , *Health Affairs*, 27, 2008, pp.72–87.

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[4] [www.chinagss.org](http://www.chinagss.org)

4. 5. 6. 1. 2. 3.

0 0 1  
1 0 1

2

1. 2. 3. 4.

2010  
32500 3. 32500~60000 4. 60000 1. 18000 2. 18000~

1—5

1—10

1

	=1	5,509	0.2858958	0	1
	=1	5,596	0.7269478	0	1
	=1	5,551	0.9155107	0	1
	=1	5,558	0.9089601	0	1
1 2		5,618	2.086686	1	4
1—7		5,620	2.480249	1	4
		5,614	3.896509	0.867374	1 5
		5,567	6.64559	2.250235	1 10
		5,614	4.021731	1.994887	1 7
	=1	5,620	0.5434164	0	1
		5,620	48.15979	16.03794	18 102
		5,620	2576.535	1615.098	289 10404
	=1	5,616	0.7971866	0	1
	=1	5,620	0.4007117	0	1

1

3

Latent Class Analysis

Logistics

Logistics

1.

2 3 1

3

1

3

1

2.

## Logistics

### Logistics

349

4

logistics

5

5

	4		
	349	6.21	6.21
	1413	25.14	31.35
	3858	68.65	100
Total	5620	100	

	b	Exp b	b
=1	3.628***	37.62	
	0.388		
	-0.095**	0.910	
	0.034		
	0.001***	1.001	
	0.003		
	0.183	1.201	
=1	0.178		
	-0.298	0.743	
=1	0.224		
	0.394*	1.482	
	0.197		
	0.890***	2.433	
	0.254		
	1.400***	4.056	
	0.355		

2.15       $\exp^{0.756}$

1.8                  1.8                  ~3.25                  3.25                  ~6                  6

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[1]

logistics

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[1]T. A. Wills, A. M. Yaeger, Family Factors and Adolescent Substance Use: Models and Mechanisms , *Current Directions in Psychological Science*, 12(6), 2003 pp.222–226.